

Our Mission:

To promote awareness, and prevention of brain injury and access to services for persons with brain injuries and their families through awareness, education, advocacy, and prevention.

The Brain Injury Alliance of Idaho has a Lending Library of materials on Brain Injuries, Stroke, Concussion, and PTSD.

Check out our website for a complete listing of materials and how to borrow them for FREE.

Visit www.biaid.org for more information on Resources, Support Groups, a Lending Library and more!

Brain Injury Alliance of Idaho



Helping Idahoans and their families cope with brain injuries

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The Brain Injury Alliance of Idaho BIAID

BIAID is a statewide non-profit that promotes awareness, education, and prevention of all types of brain injuries. BIAID provides support, advocacy and resource information.

BIAID is committed to linking with professionals and community organizations who can collectively coordinate on behalf of a better future impacting individuals in Idaho with brain injury and their families.

About 3,224 individuals sustain a traumatic brain injury every year in Idaho. Over 37,000 Idahoans live with a severe brain injury.

Prevent brain injury by using a seatbelt and wearing a helmet, for sports, biking, horseback riding & skiing/snowboarding.

The People We Help

We help people with brain injuries from auto accidents, falls, sports injuries, concussion, military action, lack of oxygen, assault, stroke, drug/medication overdose, domestic violence, bicycle accident, Shaken Baby Syndrome, chemo/drug therapy, horseback riding accident, brain surgery, brain tumors, environmental toxins, and more.

Brain Injury

After a physical trauma that produces an alteration in consciousness, many individuals experience a change in mental and physical functioning. These events typically cause some degree of injury to the brain.

Every brain injury is unique. Depending on the severity of the trauma, these symptoms either resolve or persist over time. Brain injury does not always involve obvious trauma to the head or physical disability. For this reason, and because brain injury has been on the increase for several decades, it has been described as the "Silent Epidemic."

Warning Signs of Brain Injury

Cognitive

Memory loss, reduced ability to process information, limited concentration, impaired judgment, difficulty initiating and completing tasks, trouble coming up with the right word, forgetfulness, distractibility, difficulty in planning and following through, disorganization.

Physical

Seizure, spastic muscles, speech impairments, double vision, extreme sensitivity to light and noise; loss of taste or smell, headaches, fatigue, lack of balance, dizziness or decreased coordination.

Emotional / Behavioral

Anxiety, personality or mood changes, especially depression, anger, irritability, short fuse, or other difficulty in getting along with others, impulsive behavior, interpersonal skill difficulty, feeling overwhelmed and out of control, uncomfortable in busy environments, & having difficulty controlling your emotions. (e.g., being uncharacteristically tearful).