

**I have sustained a  
brain injury.**

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Telephone: \_\_\_\_\_

Emergency Contact: \_\_\_\_\_

Emergency Phone: \_\_\_\_\_



Fold Here ↑

**I have sustained a brain injury.**

Symptoms directly attributed to my injury may include:

- Poor coordination, balance, muscle control, or atypical gait
- Impaired speech, vision, hearing, understanding, or memory
- Confusion, disorientation, dizziness, or distractibility
- Delayed communication, processing, or response times
- Agitation, irritability, restlessness, impatience, or anxiety
- Lack of planning, judgment, insight, or reasoning
- Disinhibition, impulsivity, or otherwise inappropriate behavior
- Inability to control anger, aggression, or explosive behavior
- Seizures

Please exercise due courtesy and patience, and assist me during crisis by calling the Emergency Contact number on the back of this card.

For brain injury information, visit <https://biaid.org/>

INFORMATION  
CONTAINED  
ON THIS CARD  
IS FOR  
GENERAL  
INFORMATION  
PURPOSES  
ONLY

